

Age UK Cheshire's Guide to Services 2019/20



Castle Community Centre

Our community centre on Barbers Lane in Castle offers a wide range of activities from computer skills to arts, languages and leisure, plus a dementia friendly tea room and a sensory garden.

☎ **0845 618 2858**

✉ ccc@ageukcheshire.org.uk

Bright Memories Dementia Day Services

Providing a wide range of activities that combine mental, physical and social stimulation, for older men living with dementia.

☎ **07717 651419**

✉ brightmemories@ageukcheshire.org.uk

Bright Memories Dementia Outdoor Activities

Supporting people who are living with dementia and their carers to spend time outdoors doing activities that they enjoy.

☎ **07747 011548**

✉ kate.bibby@ageukcheshire.org.uk

Sharing Time (Befriending)

Offering a face to face and internet based befriending service, currently running in Northwich.

☎ **01606 884920**

✉ joy.geary@ageukcheshire.org.uk



Helping people to feel Connected

Coach Trips

Operating monthly Coach Trips departing from
Middlewich, Winsford, Hartford and Northwich.

☎ **0845 618 2858**

✉ ccc@ageukcheshire.org.uk

Day Activities & Lunch Clubs

Running weekly day activity groups in Northwich, Chester
and Ellesmere Port (includes lunch and a variety of
activities).

- Weekly lunch clubs at Little Neston.
- Pub lunch groups in and around Northwich, Hartford
and Winsford.

☎ **01606 720431**

✉ amy.jones@ageukcheshire.org.uk

Home from Home

Offering unique day care provision, in a home setting for
people with dementia.

☎ **07467 045141**

✉ homefromhome@ageukcheshire.org.uk



How you can help and support us

Donate – However much you can give, whether it is in a regular payment or a single donation, we guarantee every penny will be used for the benefit of older people in Cheshire. Visit our website for details.

 www.ageukcheshire.org.uk

Legacies – By remembering Age UK Cheshire in your will, you are ensuring that older people locally will continue to get the help they need.

 **01606 305000** or  marketing@ageukcheshire.org.uk

Volunteer – Our volunteers are the backbone of our work. If you have time to spare or a skill to share, please get in touch.

 **01606 539775** or  hazel.moore@ageukcheshire.org.uk

Fundraise – Run a marathon, a bag pack or hold an event. However you would like to help, we can give you the tools and the support to help your fundraising have the most impact.

 **01606 305000** or  marketing@ageukcheshire.org.uk

Campaign – Each year thousands of people campaign with Age UK to help improve the care, support and services people in later life receive. Visit our website to see what we are doing on a local level and find how you can get involved.

 www.ageukcheshire.org.uk

Age UK Cheshire
314 Chester Road
Hartford
Northwich

CW8 2AB

www.ageukcheshire.org.uk

01606 881660

Registered Charity no. 1091608

Valid as at November 2019







Keeping people independent, active and in good physical and mental health

Falls Prevention

Helping to reduce the number of people who fall or are at risk of falling, in Cheshire West and Chester.

☎ **01606 884446**

✉ tracy.etherington@ageukcheshire.org.uk

☎ **0151 348 5495/6**

✉ jill.quinlan@ageukcheshire.org.uk

Men in Sheds

Providing a space where men can meet, socialise, share and learn new skills. Sheds in Northwich, Chester, Ellesmere Port, Crewe and Winsford.

☎ **01606 884924**

✉ lorriane.whalley@ageukcheshire.org.uk

Independent Living Service

Assisting older people to make informed choices regarding their care needs and requirements in Cheshire West and Chester.

☎ **0333 366 0107**

✉ cstriage@cheshirecil.org



Keeping people well-informed and with opportunities to learn and be creative

Later life Planning

Helping with planning for later life, including Will Writing, Estate Planning, Lasting Powers of Attorney and Funeral Plans.

☎ **01244 401808**

✉ mark.branks@ageukcheshire.org.uk

Later life Goals

Delivering home visits to people who are going through significant life events and need support in Winsford, rural areas and Ellesmere Port

☎ **07467 045 486**

✉ linda.sharps@ageukcheshire.org.uk

General Advocacy

Providing a voice for older people (age 75 years+) to challenge decisions, make complaints, gain appropriate assessments and provide information on community care options. In Ellesmere Port and surrounding areas.

☎ **0151 3485498**

✉ advocacy@ageukcheshire.org.uk

Dementia Information and Support Service

Providing support to individuals who have been diagnosed with dementia and their carers in Northwich and Nantwich.

☎ **01606 305029**

✉ dswnorthwich@ageukcheshire.org.uk

☎ **01270 212044**

✉ dswnantwich@ageukcheshire.org.uk

Information and Advice

Operating a free confidential and impartial advice phone service, for older people, their families and carers.

☎ (local) **01244 401500** / (national) **0800 678 1602**

✉ informationqs@ageukcheshire.org.uk

Supporting You

Offering home visits to people who need help with claiming welfare benefits and maximisation their income.

☎ **01606 884923**

✉ supportingyou@ageukcheshire.org.uk

Wear Purple Arts

Project-led art collaborations between individuals, groups, day centres and residential homes. Currently running in Ellesmere Port.

☎ **07855 868543**

✉ vivienne.saddler@ageukcheshire.org.uk

Our Impact

2018/19



Total hours volunteered

66,793

Our Mission

Age UK Cheshire is a local social enterprise and charity that is dedicated to later life. We co-produce excellent services, make opportunities, connect people meaningfully and influence positive change. Because of our work, people love later life in Cheshire.



375

places booked on to our
Pub Lunch Groups

We help people to be engaged in issues that affect them and their Communities.



In 2019 we launched Later Life Assemblies, which provide local people with the opportunity to get together and actively engage in issues that affect them and in making positive change happen.

We continue to connect with more and more people to show what we do and the impact we are making.



37,808

Website Visits



3,402

Followers on Twitter



19,000

Highest weekly reach
on Facebook



1,274

'likes' on Facebook

1,028

coach trip tickets sold



986

people represented
by our statutory
Advocacy service



94%

of people rated
our Supporting
You service as
"excellent"



We helped to secure

£1.3m+

in benefits for
our clients



Our Information &
Advice team supported
people over

4,400

times last year



10,389

visits to Castle
Community Centre

There
was a

95%

reduction in falling
after a visit from our
Falls Prevention Team



235

active members
across our Men
in Sheds projects

11

Brightlife 

new services commissioned by Brightlife including:

Buddying and Befriending, Silver Screen, Share Club, CommUnity Kitchen, Agricultural Chaplaincy

For more information please contact:

 admin@ageukcheshire.org.uk

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